

Week 2

Meat Free Monday

Ricotta and Spinach Tortellini with Tomato Sauce
Cheese and Courgette Twist with Pesto Pasta
(Seasonal Vegetables, Salad Bar and Fresh Bread)

Tuna Mayo Wrap

Jacket Potato with Beans

Fresh Dairy Yoghurt

Tuesday

Superfood Beef Burger with Diced Potatoes
Bubble and Squeak Burger with Diced Potatoes
(Seasonal Vegetables, Salad Bar and Fresh Bread)

Salmon and Cucumber Wrap

Cheese Wrap

Banana Cake and Custard

Sugar Free Wednesday

BBQ Chicken with Rice
Meat Free Meatballs and Tomato Sauce with Rice
(Seasonal Vegetables, Salad Bar and Fresh Bread)

Peperoni Pasta

Jacket Potato with Cheese

Orange and Mandarin Jelly

Thursday

Roast Gammon with Roast Potatoes & Gravy

Freshly Made Glamorgan Sausage with Roast Potatoes & Gravy

(Seasonal Vegetables, Salad Bar and Fresh Bread)

Tuna Mayo and Sweetcorn Wrap

Ham Wrap

Syrup Drizzle Sponge with Custard

Friday

Harry Ramsden's Fish with Oven Chips

Veg Quesadilla with Oven Chips

(Seasonal Vegetables, Salad Bar and Fresh Bread)

Cheese Panini

Cheese and Ham Panini

Chocolate Ice Cream Roll

Whilst every effort is made to provide the meals, all are subject to availability.